



## Testimonial



*"With SALT I enjoyed having the freedom to use my creativity to interact with the residents. It was fun getting to know the residents through conversations and activities and knowing that I was using my talents for the Lord. There were other volunteers from all over the country and there was a great feeling of serving together. There was a feeling of mission behind the service. We had opportunities for prayer and personal space that helped me reflect on this unique experience. I also found the Instagram images helpful. I saw what the SALT missionaries do and I thought, 'I can do that!'"*



**Doris Benitez,  
SALT Missionary**



## Carmelite Missionaries

Serving the Aged Lovingly Today



**Hosted by  
The Carmelite Sisters  
for the Aged and Infirm**

600 Woods Road  
Germantown, NY 12526  
[www.carmelitesisters.com](http://www.carmelitesisters.com)

**For more information and to apply,  
visit [www.salt-carmelite.org](http://www.salt-carmelite.org)**

### Questions?

Contact the Director  
Sr. Mary O'Donovan, O.Carm.  
[srmayod@stmhcs.org](mailto:srmayod@stmhcs.org)  
(845) 768-2303

### Follow Us

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**Serving the Aged Lovingly Today**



*Make a positive impact  
in the life of an elder  
through Christ's love.*

A Mission Program  
for Women Ages 18 to 40





## Our Mission

The SALT Carmelite Missionary Program will foster respect for the dignity of the human person in all stages of life, with particular emphasis on the elderly.

This program will bring young adults and the elderly together in mutual relationship and understanding, bridging the gap between these two generations both in the Catholic Church and in the world.



Join the Carmelite Sisters for the Aged and Infirm and become a Member of the SALT Community

Experience the joy of knowing your presence makes a difference in the lives of our elders.

- No previous experience required — we mentor you along the way
- Your individual gifts and skills will be utilized
- **Room and board provided — your only cost is traveling to us**
- Spiritual and personal growth through prayer, reflection and discussion
- Fun time and bonding with your peers and Carmelite Sisters

Check our website for current program dates.

For more information and to apply, visit [www.salt-carmelite.org](http://www.salt-carmelite.org)

***“Our concern and dedication for the old people is the expression of our love for God.”***

— Venerable Mary Angeline Teresa McCrory,  
Foundress of the Carmelite Sisters  
for the Aged and Infirm

