



# SALT Newsletter

VOLUME 1 ISSUE 4

AUGUST 2020



## Mother Angeline Moment

**“OUR PRECIOUS SOUL IS THE PEARL OF GREAT PRICE WHICH WE CARRY IN A FRAGILE VESSEL.”**

**-MOTHER ANGELINE**

It is easy to feel small in such a big, tumultuous world. The news is full of issues that intimidate and concern us. Where do we fit into it all? How can we make an impact that extends beyond our small sphere of influence?

Mother Angeline reminds us, we are worthy. As creations of the God who is love, every quality that we possess can provide the world with immeasurable value. We may be weak on our own, but when we tap into the inherent greatness of our Creator and let him work through us, the resilience of our souls will not only carry us through, but also those whom we serve.

Whenever I'm feeling down about this continual need to isolate from most of the world and live my life through a screen, I have found it vastly important to pray for humility, strength, and peace. Although there is so much that is out of our control, we still have the ability to make a positive impact on the world around us. Let us pray that the Holy Spirit will continually remind us of our pearly souls, which shine through even when our vessel is worn and tired.

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### PROGRAM UPDATES

We're going virtual and keeping the mission going year round!

- See pg. 2 for more details!

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# SALT Goes Virtual!

The pandemic has prevented us from pursuing the mission in the ways we have done for over 7 years now. With the rise of video communicating platforms, SALT missionaries of all walks of life have taken to virtual education, jobs, and even social events. So why not create a virtual mission program? Let's do it!

**On Tuesday, Sept. 1,** Sr. Mary and Liz will be hosting a virtual townhall meeting, via Microsoft Teams, to plan some virtual programming. These programs will be for the missionaries' fellowship and formation, as well as bringing some companionship and joy to the residents we miss serving. Below are some of the programs we are planning to run, with your help:

For our missionaries, we plan on offering a monthly social and spiritual gathering:

- We can discuss what would be fruitful for all of you whether that's a virtual Theology on Tap, book study coffee date, movie night etc.

For our mission, we would like to:

- Create care packages and cards for residents
- Organize resident companions via phone/video call
- Craft seasonal decorations to brighten up resident rooms
- Prepare a virtual variety show to be streamed to the Carmelite homes
- And support whatever creative initiatives you provide us with!



# Alumni

SALT Missionaries of the Past,

We would love to hear from you and share what you've been up to! Here's what we're looking for and how we would like to share it:



Pictures and videos—We want to reminisce with you about your mission! We will share these on our social media so you can interact with us and swap stories in the comments.

Written testimonials—Get featured on our blog!



Video testimonials—Help us populate our YouTube channel until we have our next in person program.

Have a spiritual reflection to share with your fellow missionaries? Are you an artist who has created works inspired by your faith or service? Our website and social media are platforms to share your actions of love. Tell us what you're up to!

Send your content to Liz at [lizlococo@stmhcs.org](mailto:lizlococo@stmhcs.org).